

Hospice Palliative Care Training Agenda

Spring Session: Saturday, April 22 & 29, 2017

9:00 am – 4:00 pm

Saturday, April 22, 2017

9:00 – 9:30 am	Welcome, introductions, agenda, housekeeping and getting to know you exercise.
9:30 – 10:30 am	<p><u>Introduction to Hospice Greater Saint John</u> <i>Sandy Johnson – CEO</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Overview of Hospice Greater Saint John <input type="checkbox"/> Care at Bobby’s Hospice <p><i>Video: Bobby’s Hospice: Compassionate Care That Celebrates Life</i></p>
10:30 – 11:30 am	<p><u>Basics of Hospice Palliative Care/ Pain & Symptom Management</u> <i>Dr. Chris O’Brien, Medical Director</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Basics of HPC <input type="checkbox"/> Pain & symptom management <input type="checkbox"/> Palliative performance scale <input type="checkbox"/> Palliative sedation <input type="checkbox"/> Medical Aid in Dying- M.A.I.D
11:30 – 12:30 pm	<i>Tour of Bobby’s Hospice and Lunch Break</i>
12:30 – 2:00 pm	<p><u>Caring for Patients & Families at Bobby’s Hospice</u> <i>Nicole Hamming, Nurse Manager</i> <i>Kim Daye - Volunteer Coordinator</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> A Dying Person’s Experience <input type="checkbox"/> The Role of Volunteers in Caring for Patients/Families <input type="checkbox"/> Teamwork - Staff and Volunteers working together! <input type="checkbox"/> Communicating with our Clinical Team <input type="checkbox"/> Health & safety practices <input type="checkbox"/> Infection control <input type="checkbox"/> Social media/professional boundaries <input type="checkbox"/> Privacy & confidentiality quiz
2:00 – 2:30 pm	<p><u>Music Care at Hospice</u> <i>Kim Daye- Volunteer Coordinator</i> <i>Diane Sullivan - Grief Support, Spiritual Care & Operations Manager</i> <i>Nicole Hamming, Nurse Manager</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Understanding the value of music therapy in caring for the dying person and supporting families <input type="checkbox"/> Using music at Hospice and in self care <p><i>Video – “Henry”</i></p>

2:30 – 3:30 pm	<p><u>Food Services and Food Safety at Bobby’s Hospice</u> <i>Kim Daye – Volunteer Coordinator</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> An overview of food services at Bobby’s Hospice <input type="checkbox"/> Understanding food safety precautions <input type="checkbox"/> The role of volunteers in food services and food safety
3:30 – 4:00 pm	<p>Wrap Up and Reflections</p>

Saturday, April 29, 2017

9:00 – 9:15 am	<p>Welcome/ Homework Review</p>
9:15 – 10:00 am	<p><u>Exploring Your Personal Experiences with Advanced Illness, Death and Grief – Lessons Learned</u> <i>Diane Sullivan Grief Support, Spiritual Care & Operations Manager</i></p>
10:00 - 10:15 am	<p>Break</p>
10:15 – 11:15 am	<p><u>Caring for the Spirit</u> <i>Diane Sullivan Grief Support, Spiritual Care & Operations Manager</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Understanding spirituality and religion <input type="checkbox"/> Understanding the spiritual needs of a dying person <input type="checkbox"/> Providing spiritual support in end-of-life care <input type="checkbox"/> Hope and the human spirit <input type="checkbox"/> Cultural diversity
11:15 – 12:15 am	<p><u>Effective Communication with Dying Persons</u> <i>Michelle Cronin, BNRN – Nurse at Bobby’s Hospice</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Guidelines for being there and active listening <input type="checkbox"/> Communicating with families <input type="checkbox"/> Talking to children & teens about dying and death <p><u>Final Hours of Care</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Final days and hours of a dying person’s life <input type="checkbox"/> Signs of approaching death <input type="checkbox"/> Appropriate actions & comfort measures <input type="checkbox"/> Supporting the family <p><i>Video: The Gift of Being There</i></p>
12:15 – 12:45 pm	<p>Lunch Break</p>
12:45 – 1:45 pm	<p><u>Grief and Bereavement</u> <i>Diane Sullivan Grief Support, Spiritual Care & Operations Manager</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> The grief process <input type="checkbox"/> Expressions of grief and coping with loss

	<ul style="list-style-type: none"> ❑ Supporting families to cope ❑ Helping children and teens grieve <p><i>Video - “203 Days”</i></p>
<p>1:45 pm – 2:30 pm</p>	<p><u>Compassion Fatigue and Self Care</u></p> <p>Kim Daye- Volunteer Coordinator Diane Sullivan - Grief Support, Spiritual Care & Operations Manager</p> <ul style="list-style-type: none"> ❑ Understanding compassion fatigue and burnout ❑ Caring for yourself ❑ Hospice support services for volunteers
<p>2:30 – 3:15 pm</p>	<p><u>Being a Hospice Volunteer – Lessons from the “Pro’s”</u></p> <ul style="list-style-type: none"> ❑ Experienced Hospice Volunteers share their insights and lessons learned on caring for the dying & their families. <p><i>Video Clip – “First Ski Jump”</i></p>
<p>3:15 – 4:00 pm</p>	<p><u>Next Steps For Hospice Volunteers</u></p> <p>Kim Daye, Volunteer & Administrative Coordinator</p> <ul style="list-style-type: none"> ❑ Duties – Do’s and Don’ts ❑ Practical Duties (Dress code, charting, schedules, mileage etc.) ❑ Orientation ❑ Teamwork ❑ Finding the “Right Fit” for you at hospice! <p><u>Graduation and Photo</u></p>